



MEADOW BROOK

January Newsletter

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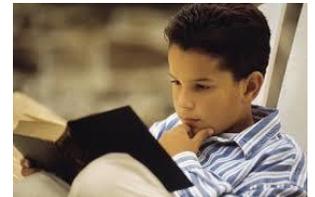
January 9	SCC at 11:45 AM
January 10	PTA Meeting at 10 AM
January 12	SEP conferences for all Kindergarten students.
January 13	District Development Day (No school for students)
January 16	Martin Luther King Day (No school)
January 31	Diamond Fork Fieldtrip (6th Grade)
February 1	Science Fair Setup and Judging (5th/6th Grade)

Principal's Corner

I hope everyone has an enjoyable Christmas break and survived the crazy late start that happened on Tuesday. If you didn't receive emails and text messages about the school delay it means you are not setup to receive them in the Nebo system. If you would like to make sure that you receive any important future district updates please contact the school and we will be able to make sure you are setup to receive any updates.

A big thanks to everyone that came and supported our grade level Christmas performance the last day of school before the break. We had a full house and it was so great to see the support for our students.

We are excited to begin a new year and hope that our students here will continue to make progress. As a reminder, all students are still expected to read at least 20 minutes each night (30 minutes for some grades). We have lots of fun prizes and incentives to help motivate them to read daily including another reading carnival coming in May.



Finally, we are kicking off a healthy lifestyles campaign for our students and faculty. We did this event the past few years at our last school and it was a fun and rewarding event for those that participated. How it works: The students will run 25 miles here at school between



January and May (a few times each week they run around the school a couple of times). The final 1.2 miles (26.2 miles for a full marathon) for the students will be the kids “Fun Run” at the Provo marathon in May. In the end the students will have completed a full marathon counting all miles run from January to May. Parents are welcome and encouraged to run as well over these months and participate in the final event by

running the “Fun Run” with their kids or do the 5K or half marathon. Many teachers and staff will also participate in the big race in May as well. We will have our kickoff assembly on January 17 to let the kids know all about it.

Thank you to all of the parent/grandparent helpers, reading tutors, and PTA that volunteer so much of their time to help make our school successful. This includes all those parents that can’t make it to the school to help but who work with their children every night on their homework and reading. We couldn’t do it without you. It is going to be a great year!!!!



The Meadow Brook Science Fair will be held February 1st.

For this first year it will be mandatory for 6th grade students and optional for 5th grade students. In the future we hope to allow any student who has a desire to participate. The top 5th and 6th grade entries will be chosen to go on to the District Science Fair. Any questions contact Jennifer James at Jennifer.james@nebo.edu. Tri-Fold Boards for science fair projects are available for purchase for \$3 at the office. Please send exact cash amount or make check payable to Meadow Brook Elementary.

Don't Forget...

Kindergarten SEP Conferences are coming up next week. Reminders notes will be coming home soon with the day and time of your appointment.



Yearbooks are still on sale. The price is \$7 at the office. Please send correct change or a check made out to Meadow Brook Elementary to the office. If you aren't sure if you ordered a yearbook at Registration, please contact the office. Thanks.

7 Habits Focus for January

Habit 5: Seek First to Understand, Then to Be Understood

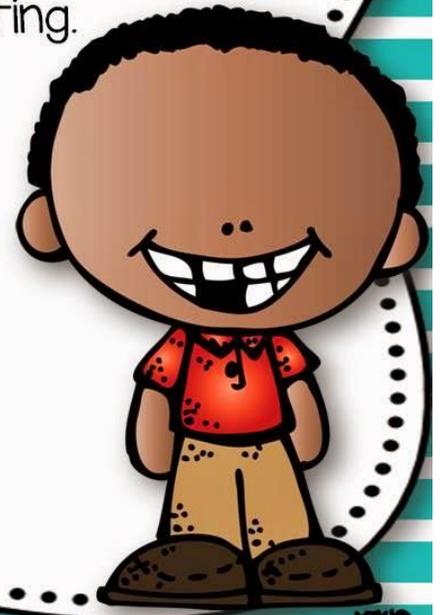
For January, Meadow Brook students will be learning about Habit 5: Seek First to Understand, Then to Be Understood. This habit teaches students to listen to others without interrupting or blurting out. They try to understand the other person's point of view, even if it is different from their own. If you would like to encourage Habit 5 in the home, you can play a game of Simon Says or Telephone and talk about the importance of listening. You can also have your student look around the home or neighborhood and find someone they can help. Books to help encourage Habit 5 are: The True Story of the Three Little Pigs by Jon Scieszka, Stalaluna by Janell Cannon, Stand In My Shoes by Bob Sornson or My Mouth is a Volcano by Julia Cook.

Habit #5

SEEK FIRST TO UNDERSTAND THEN TO BE UNDERSTOOD

Listen before you speak

- I listen to others without interrupting.
- I raise my hand when I want to speak and I wait to be called on.
- I don't blurt out.
- I try to understand other people's views and feelings, even if they are different from my own.



**HAPPY
NEW YEAR!
2017**