

Meadow Brook Elementary

School Community Council

April 16, 2019

1. Welcome by Chair: Andrea Hadlock

2. Review Last Meeting's Minutes: Jen Grant

3. Safe Walking Route:

- This report is sent to the city to ensure that all students can safely get to and from school safely each day.
- Council will recommend additions (to the city) to accommodate all of the new growth from developing neighborhoods.

4. Healthy Lifestyles Report: (employees and students)

- Fitness challenges in classes
- PE (30 minutes once a week): Monthly fitness challenges, Halloween dance, yoga classes (strength and muscle building), no soda challenge
- Recess: Morning and lunch recess
- Class health presentations: dental hygiene, nutritionist
- School wide marathon
- PTA: Safety week (green ribbon week)
- Track Meet
- Field Day at the end of the year
- Swimming at the rec center at the end of the year
- Kindness week

Ideas for Next Year:

- "Balance Week"
 - Balanced screen time
 - Balanced diet
 - Balanced socially (face to face interactions)
- Parent Night to education/inform parents about technology challenges
- Options for rewards instead of just candy

5. SCC Members for next year

- 1st years that roll to 2nd years in 2019-2020: Liz Scaife
- 2nd years that roll off: Michelle Cisneros, Andrea Hadlock, & Melanie Bott

6. Meeting/Lunch Schedule:

- Appreciation Luncheon
 - Art City Trolley
 - May 14 @ 11:30

7. Other Concerns: